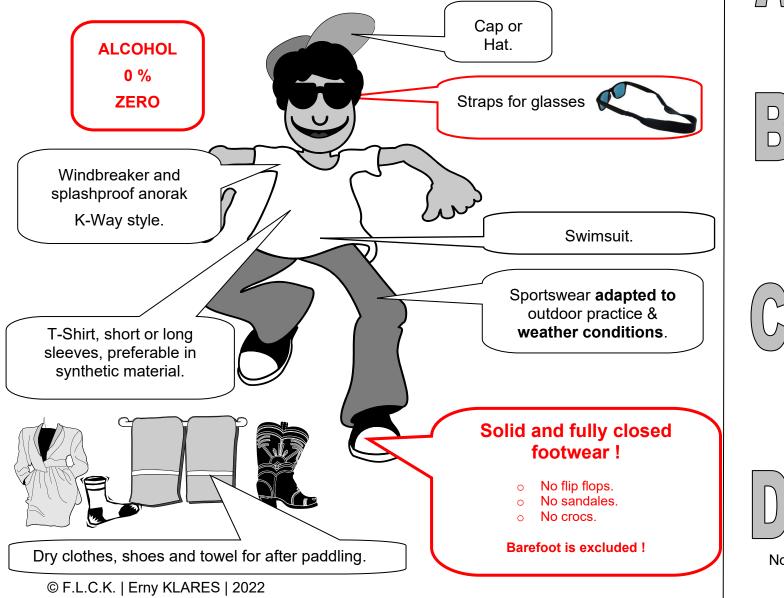
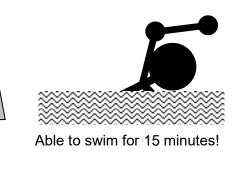
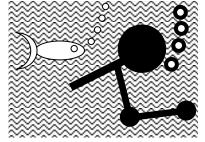
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## Practical clothing recommendations & personal requirements.

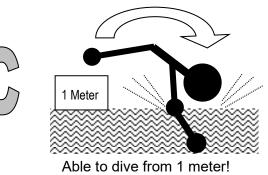
We cannot be held responsible for the lack of comfort of our participants, or their exclusion from the activity, due to the non-conformity to the present informations.







Able to immerse your head at -1m !



No medical contra-indication for practicing canoe or kayak sports !

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